

Waltham Land Trust

is a non-profit corporation dedicated to preserving our community's natural resources for the future through education, open space acquisition and protection.

WALTHAM



JOURNAL FALL 2009 SPECIAL 10TH ANNIVERSARY ISSUE



FINDING BEAVER BROOK NORTH

First in an Ongoing Series of First-Person Narratives on "How I Use Open Space in Waltham"

Debbie von Rechenberg

We did not evolve to sit in front of computers for hours each day, yet that is what I, like many others, do to make my way in the world. I also work from home, which has its plusses and minuses. On one hand, every day is Bring Your Dog to Work Day. But on the other, instead of walking to meetings or to see a colleague, I pick up a phone. What used to be strolls to get lunch became strolls to the kitchen. So the beautiful open spaces in Waltham, where my dog and I can sneak out for a half-hour walk when we get stir crazy, have been a big benefit to my health and sanity (and my dog's too).

My husband and I found our house almost four years ago at the end of a long, mostly discouraging weekend house-hunting trip. We were cautiously happy to see that while houses lined one side of the street, a forest pressed up against a chain-link fence on the other. With a flight back to Salt Lake City in a couple of hours, we didn't have time to investigate that forest. But as soon as we moved in, we felt at home; we savored our front-yard view of the woods, and hoped it would never change.

In time we learned more about our forest. The land was the grounds of the former Metropolitan State Hospital. Neighbors told us about its proposed uses: apartment complex, golf course, preserved open space.

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TEN YEARS AND COUNTING

Time Flies When You're Having Fun

Inge Uhler

Do you remember Waltham in the 90's? All around us changes were underway, changes that threatened to erase the notion that Waltham once meant "a home in the woods." Farms gave way to factories and then offices. The demand for housing had created a building boom, but at ever-increasing costs. These changes in land use triggered protective steps by some outside agencies; among these were the MDC's design for a river walk along the Charles River and the Cambridge Water Board's launch of a multi-community watershed protection plan. But it was clear that an alternative to unchecked development was needed. And so it was that in late 90's I connected with a small, but growing, band of people who hoped to reshape the future of the city.

Water quality was a major concern. The Charles River, our meandering 3.25 mile waterway, had been neglected and polluted for years. Ponds and lakes were succumbing to ever increasing silt and weeds. Since the Charles River, along with Stony Brook, Cambridge Reservoirs and Hardy Pond, makes up 6% of the city's 13.6 square miles, it was high time for action, and in response, several local groups sprang up to help improve these areas.

When, for example, coves along the Charles River were suspected to have suffered water-quality degradation due to a leaching out from polluted land, the Island Neighborhood Association (INA) was organized to meet the challenge. With the help of a grant they hired a licensed site professional who identified the sources of pollution and remediation options.

At Hardy Pond residents fought the ever-encroaching silt and weeds with rakes and rowboats, but the task was too great and growing. So the Hardy Pond Association sought help from state and local governments to dredge and clean the water of silt and weeds. Years of lobbying and hands-on work by the persistent members of the HPA saved this great pond and spread the word far and wide that it must be preserved.

The Prospect Hill area was another concern. When development pressures attempted to create a road through Prospect Hill Park, a new group, Friends

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LOVE YOUR MOTHER

Protecting Her 70 percent

Elisabeth Carter

Forty years ago, Neil Armstrong and Buzz Aldrin brought life briefly to the barren asteroid we call the moon during the Apollo 11 mission. From that airless rock they looked up into the sky at our lovely blue-green Mother Earth.

From space, the prominence of water here is obvious. Less obvious is that only a fraction of a percent of all water on the planet is usable. Over a billion people suffer from lack of access to drinking water, and three billion from a lack of adequate sanitation.

Of course, even undrinkable water sustains innumerable life forms and the delicate balance of life on this planet. The threat of global warming has been (finally!) widely addressed in the media and politics, particularly since Al Gore's landmark film *An Inconvenient Truth*. Water is fundamental in the threat of climate change, which threatens everything from polar bears to plankton to oceans to people; its importance cannot be overstated.

Locally as well, water is a concern, even though here in New England it seems we have a never-ending supply (especially this year!). Wrong. The Nature Conservancy estimates some 50 communities in the metro Boston area will be using more water than our supplies can provide by 2030. How old will you be in 20 years? How about your kids?

We owe it to ourselves, to future generations, and to all the wildlife around us to protect and conserve this life-giving element. The world's oceans may be too vast to contemplate, but under the adage of thinking globally and acting locally, we can have an impact here in Waltham, a city unusually rich in water resources, from wetlands to ponds, rivers and reservoirs.

Homeowners have many ways they can make a significant difference. Start by growing your grass longer; it will require less water and be less prone to disease and grubs. Water only in the morning to reduce evaporation and ensure the water actually reaches the grass. Just using an adjustable spray nozzle on your hose can reduce water flow by 10 gallons a minute or more. Rain barrels attached to downspouts are a useful water reclamation tool, too. Be sure to cover the tops so animals don't get in and drown.

The Damned Dandelion

What is it with Americans and our quest for ideal lawns? Dandelions, once treasures of beauty with nutrition and medicinal value are now the bane of city and suburb. During a typical year, "over 102 million



As part of an Eagle Scout project, Scout Scott Gross has built and installed a number of bat houses around the city to attract insect-eating bats. Can you guess where the one shown here is located? Hint: It is on property owned by the Waltham Land Trust.

pounds of toxic pesticides are applied in pursuit of a perfect lawn and garden. This figure, up from 90 million pounds in the year 2000, continues to grow despite the growing body scientific evidence of the public health and environmental consequences" [www.beyondpesticides.org/lawn/index.htm]. And at what cost? Some \$40 billion per year and growing [Backyardnature.com]. Fertilizers trickle down into ponds and cause choking overgrowth and algae, contributing to cultural eutrophication. Lawn and garden chemicals will eventually work their way into local waters; they do not stay within your property lines. Eutrophication can ultimately kill a body of water and everything within it.

Solutions for Destructive Lawns

A Zen pebble garden is supposed to be very therapeutic. If that's too drastic, consider xeriscaping to replace part or all of your lawn with a low-water garden. A good nursery can advise you on the best plants; succulents and native species are generally good places to start. And/or enlarge your patio. You might also consider organic lawn maintenance. According to a local company [www.purelawns.com], a chemical-free, organically maintained lawn requires less water, is safe for pets, animals, and people, is naturally pest-resistant, and won't leech toxins into soil.

Instead of employing chemicals to kill grubs or rose-chomping Japanese beetles, try using their natural enemies, nematodes and milky spore, easily available online. Beneficial nematodes infect over 200 larval insect species, such as grubs. Within three years they can eliminate those pesky larvae without the use of poisons, and without harming helpful insects, birds, animals or people. Apply when the ground is warm and larvae are present.

The milky spore bacteria infects Japanese beetle larvae and should also be applied during this stage. As the larvae die off, the bacteria spreads. Milky spore is not sensitive to climate like nematodes and can protect your garden for up to 15 years. Or if you aren't squeamish, you can pick off those beetles and drop them in a jar of soapy water, like my mom does.

Another important thing to keep in mind is that Waltham's storm drains do not go the same place as indoor waste water, which flushes to water processing plants before being released back into the environment. Storm drains feed straight and unfiltered into area ponds, streams and rivers. Never dump toxic materials, chemicals or engine oil down storm drains! Emptying hot tubs or pools into the street sewer system equates to dumping chlorine or bromide into Hardy Pond or the Charles. It's not only thoughtless and polluting, it's illegal. Pass it on.

The typical family uses 36 percent of its water on lawn and gardens, 20 percent on showers/baths, 19 percent in the toilet, 16 percent for washing clothes and dishes, and 9 percent on drinking and cooking [www.sustainable-media.com]. You don't need a lawn to find ways to conserve.

Water Conservation Inside

If your faucet takes a long time to deliver hot water, like mine, keep watering cans by the sink to catch the cooler water instead of letting it run down the drain. Then use the water later for house plants or for rinsing dishes before loading them in the dishwasher (which you only run when full, right?). When hand washing

dishes, use a tub rather than running a faucet the whole time.

About those languishing showers... Try attaching a flow control between your shower head and the plumbing pipe. Use it to stop the flow temporarily while sudsing up, shaving, or applying hair conditioner. And remember, water conserving starts at home. Many gyms and hotels already have low-flow/no-flow features on their showers. Use them. And teach your kids that showers aren't a leisure activity.

Consider the following as you look for more ways to help: A faucet that leaks one drop per second can add up to 165 gallons a month—more than one person uses in two weeks. An automatic dishwasher uses an average of six gallons less hot water than doing dishes by hand—over 2,000 gallons less per year.

An energy-smart clothes washer can save more water in one year than one person drinks in an entire lifetime! For every gallon of water that is bottled, two are used in the process. Don't get me started on sodas... Every ton of paper that is recycled saves 17 trees and 7,000 gallons of water.

By applying a little common sense, cultivating some good habits, and engaging a gadget here and there, we can all make a difference. ➡

This is the second in a series of articles on the environment.

The June 28 Cleanup day left Jericho Hill noticeably cleaner, thanks to sixteen hardworking volunteers. Pictured are Shep Collins, Dan Keleher, and Dan's three-year-old son Sebastian.



Finding Beaver Brook North from page 1

Avalon at Lexington Hills is now built, and the golf course seems to be a non-starter, but we learned that much of the land was to be kept as is and protected.

We wondered if we could walk there. We were already taking our dog for regular romps in Beaver Brook Reservation on Waverley Oaks Road, but were always looking for new places to explore. And this area was right in our neighborhood! Some neighbors said yes, but the “No Trespassing” signs and the regular rounds by a security guard suggested otherwise. We had tried, a couple of times, to access the space via an overgrown and soggy trail in our neighborhood, but it didn’t seem very inviting. The description of the Western Greenway on the Waltham Land Trust website made us think a trail already existed (when it is instead a partly-realized vision for the future), which made for some amusing forays into that marshy area!

In the meantime, we enjoyed our woods from the front windows. We watched songbirds and hawks cruising the edges (the former avoiding the latter) and turkeys strutting up and down the street. We listened to a pair of great horned owls hooting a duet on silvery winter nights, and spring peepers announcing their eponymous season with woodcocks “peenting” in

The Western Greenway Trail in Beaver Brook North Reservation



agreement. And just before dawn we could hear the coyotes giggle.

Over time, we learned more about our little woods. One neighbor said he often jogged on the trails in there. Another said he’d ridden his dirt bike there as a kid. We noticed people entering the woods from the edge of Elsie Turner Field. And we read about the Waltham Land Trust putting up signs for the Western Greenway in the space, which they’d named Beaver Brook North.

Finally convinced we were allowed on the land, we decided to plunge in, entering from the baseball field. What we found was a network of trails, some well-defined and broad, and others smaller and user-created. We walked them all, through woods, wetlands, and meadow edges. We hiked to the top of Mackerel Hill, admiring the view. Each time we hiked there, we explored a different way, “discovering” more interesting features: the old graveyard we’d read about in the Daily News Tribune, a funny little clearing with an incongruous swing set, Rock Meadow and the community garden plots in Belmont. Stone walls, abandoned buildings, an old graveyard, and carriage roads hint at the history of the space. Deer, turkeys, raptors, songbirds, peepers, and many other species thrive there just out of sight, especially when the many vernal pools are open for business. Now that Avalon has more residents and the trails have been improved with a new bridge between the Beaver Brook North and Rock Meadow properties, more and more birders, walkers and bikers are using the paths. Nonetheless, it is a delightful and mostly quiet place for a nice, leg-stretching amble at the end of a long, sedentary day.

Tips for visiting

Park in the Elsie Turner Field lot (across from the National Archives on Trapelo Road) and enter the trailhead from left field. Alternately, on the Belmont side, turn west off of Mill Street just south of Concord Avenue; a sign at the driveway indicates parking for Rock Meadow. The terrain is mostly flat, with lots of meadowy and swampy areas interrupting the woods. You can mix and match several big loops for a walk of two miles or more. Be sure to pick up after your dogs and keep them leashed; besides being considerate to other users and to wildlife, you’ll keep your dogs safe from the motorbikes that zip through the area. In warm weather, be prepared for the ticks in the fields (I once picked twenty off my dog) and mosquitoes in the woods. ➡➡

Part 2 of Debbie’s article will appear in the next Journal. If you’d like to share a personal narrative about using Waltham’s open space, please send it to the Land Trust.

Time Flies *from page 1*

of Prospect Hill Park, organized. They successfully blocked that move through an extensive outreach that culminated in a successful ballot question campaign.

A second group concerned about PHP long-term stewardship, the Prospect Hill Park Advocacy Group (PHPAG), was key to securing a grant for rehabilitation of the park. They began a ten-year plan to restore campsites, clear debris, maintain trails, and eventually open a visitors' center.

Into this climate of change came leaders of local organizations. Sharing a common concern for the environment, they came together to consider "what if" we could unite to buck this tide. They included members of HPA, INA, LWV, PHPAG, WATCH and the Met State Reuse Committee. It was our great good fortune that they also brought to the cause skills in law, lobbying, land planning, municipal finance, communication, organizing, bookkeeping and historical preservation.

It was in this atmosphere of community action that The Waltham Land Trust was formed. In October 1999 we incorporated as a not-for-profit corporation. Our initial officers were Stephen Rourke, President; and Marc Rudnick, Treasurer. In our founding year we set out an ambitious, if not audacious, 20-year vision for the nascent Waltham Land Trust. WLT membership would grow to 10% of the population. Developments would take into account land identified as environmentally valued. A green trail would run through the city to benefit recreation and wildlife. Brooks would be daylighted (i.e. released from pipes) and protected by green 200-foot buffers. Seven new city parks would be created. City open space would be protected in perpetuity with funding secured to care for these properties. The Charles River would have protected walkways on both sides. And finally, we envisioned a future with open spaces providing enjoyment and education throughout the city.

An important first step was an inventory and evaluation of the remaining open spaces. We tallied 60 parcels of land over 4 acres in size that added up to 1,633 acres or 19% of the city. Each was ranked by measurable factors to represent their environmental value. Since that initial ranking we have lost 25 acres to development but gained a measure of protection for five parcels totaling 263 acres. The Met State's 155 acres became the Beaver Brook Reservation North. Another 26 acres, Chester Brook Woods, was defended by a feisty neighborhood association until the city purchased it. Other city purchases included Jericho Hill Summit, Shady's Pond, Smith Street Wetlands and Sanderson Heights/Jericho Hill. Each of these properties had been identified on the WLT "save" list.

In 2005 our efforts resulted in local approval to adopt the Community Preservation Act. This state law provides matching state funds for open space, historic preservation, and community housing to amounts generated by a surtax on local property taxes. A prior attempt to pass the CPA by the city council had failed. But undaunted, the WLT collected thousands of signatures to place the CPA on the ballot. That hard work resulted in a victory for what was styled as "preserving Waltham's Roots." So far it has generated \$8 million locally that has been matched by \$5 million of state funds (not counting a state match due in October 2009).

We have seen additional satisfying results. To help us to accomplish more each year the WLT has secured a variety of grants through 2008 totaling \$94,540. We've planned and lead numerous hikes and canoe/kayak outings, held seminars and children's activities and worked hard on trail building. We've found ways to engage the broader public at outdoor events and public presentations in every season all over the city. The Western Greenway is now on the map and includes Lexington and Belmont lands. WLT now owns a small property on Hardy Pond. In 2007 Earth Day brought over 500 people to an all-day gathering at The Cedar Hill Girl Scout Activity Center and the U. Mass Center, home to WLT and Waltham Fields Community Farm.

The DCR, meanwhile, has almost completed the Riverwalk. This popular path goes from the heart of downtown Waltham at Main and Moody in both directions, west to the Lakes District and east to the inspiring Blue Heron Bridge where Watertown, Newton and Waltham come together.

We are now at the halfway point of our twenty-year vision. Much has been accomplished. Of course, much still remains to be done as we approach the tenth anniversary. The necessary ingredients, as you might expect, are members and funds. One of our newer initiatives is to look at the potential for pocket parks. These could become green oases that serve near-by residents. Ideally, that will generate participation by "friends" groups as stewards.

Finding ways to replace the farmland lost to development becomes more urgent every day. The farm plots at 240 Beaver Street are over-subscribed each year and this community supported agriculture needs more acreage to meet demands from food pantries and shareholders alike. More space would also benefit the Boston Area Climate Experiment (BACE) housed there. This research, funded by the University of Massachusetts in Boston, seeks to identify the impacts on plants of projected climate changes. Its results will be of vital interest to many local backyard growers in the city as well as commercial farms elsewhere.

Our ten-year gains in green spaces must be protected long term. That requires more than a purchase by the city or by non-profit organizations. Fortunately, Massachusetts has laws designed to do just that. Conservation Restrictions (CR), carefully crafted legal documents, can prevent inroads that would change the character of the city. CR's can be overseen by two (or more) entities that must monitor the property regularly to determine if any non-allowed uses have encroached. WLT expects to take part in this process for perpetual protection of places like Prospect Hill Park (PHP). This 252 acre park has suffered three encroachments already: a private radio tower, public water tanks, and a land swap lease in addition to transient inappropriate uses like ATVs on and off trails.

WLT has expanded its Board of Directors to 18. Our membership is growing as we reach out to a broader public in all parts of the city. Groups from pre-scholars to centenarians can and do take part in our programs. There is a place for you in the Waltham Land Trust. Please join the fun!

Acknowledgements: The author gratefully acknowledges the help provided by The Urban Land Protection Case Study by Marc Rudnick and Diana Young's "Top Ten Things in Ten Years. With permission, I have pirated freely from Marc's work and integrated Diana's list into my text. Both appear in full on the WLT web site www.walthamlandtrust.org. ➡



Historian and Land Trust founding member Marie Daly leads a group through the Storer Conservation land. The walk also provided an tour of the Paine Estate, Stonehurst, a gem of 18th century architecture, designed by Henry Richardson and Frederick Law Olmstead. The event concluded with a tour of the land and gardens of the adjacent Lyman Estate.

A LOOK AT THE PAST

The Waltham Land Trust's Top Ten Accomplishments Over the Last Ten Years

1. **The Beginning:** In 1999 members of neighborhood associations, community activists, environmentalists, conservationists, and just plain folks came together to found the Waltham Land Trust.
2. **The First Open Space Inventory:** One of the early projects was an inventory of the existing open space. We examined the areas and ranked them according to their benefits and risk of development.
3. **An Open Space Committee:** We actively encouraged the city to create a special committee to examine its open space and assess its benefits.
4. **Chesterbrook Woods and Jericho Hills:** The Land Trust pressed the city to acquire these areas. As a result, the Storer Estate land, directly connected to Chesterbrook Woods, was expanded, and the summit of Jericho Hills was now protected.
5. **Shady's Pond:** We were instrumental in influencing the city to acquire the Shady's Pond Conservation Area, as well as Sanderson Heights (aka Jericho Hill) and the Smith Street wetlands.
6. **The Western Greenway:** The Land Trust was pivotal in the formation of the Friends of the Western Greenway, a move that put the Greenway on the 'map.'
7. **The Community Preservation Act:** The Land Trust was instrumental in the passage of the Community Preservation Act. This legislation now funds and advocates for open space, affordable housing, and historic preservation.
8. **Lot 1 and the Gaebler:** Our efforts helped save these two key links in the Western Greenway and prevented their development.
9. **Smith Point:** We acquired this scenic 1/3 acre peninsula on Hardy Pond.
10. **The Ongoing Mission:** Promoting the community's appreciation and use of its protected open spaces has been a priority since our founding. Over the last decade the WLT has guided hundreds of people on scenic walks, initiated clean-ups, and overseen trail building projects. Join us at our next event! ➡

A VISION OF THE FUTURE

The Land Trust Board's Aims and Aspirations for the Next Ten Years

Ensure long-term protection of The U Mass Field Station, Lawrence Meadow, Cambridge Reservoirs, and all city conservation land under current conservation restrictions.

Complete two important trail projects. The first, the Western Greenway Trail, is a multi-community link connecting open spaces in Lexington, Belmont and Waltham. The second, the Wayside Rail Trail, is a DCR proposed trail that may be paved, planked, or cindered for walking, running, and cycling.

Purchase pocket parks. The goal is ten small parks for use in neighborhoods, especially those without direct access to larger open spaces.

Establish additional conservation areas including the Great Pond Area and Jericho Hill Park. This goal would also include establishing an environmental council and integrating Berry Farm and Antico land with Prospect Hill Park, and creating access to the Smith Street Wetlands.

Support and promote current conservation activities including local food production, public transportation, renewable energy use, and rail trail and bike facilities.

Develop new concepts for delivering and supporting our message including programs for children and a "green energy resource center."

Create additional tools to achieve our goals. These would include a full time staff, ready access to interns, an endowment fund, broader membership, and encouraging younger members to join the board.

Educate and inform. In this way we will broaden public understanding and appreciation of the WLT goals. ➡

UPCOMING EVENTS

Chester Brook Woods Trail Walk

Sunday, October 11 at 1:00 p.m.

Join Board Member Diana Young to walk the newest trail of the Western Greenway loop. We will meet on the road going up to the high school at the first entrance to the Storer Land and start our walk in the Chester Brook Woods.

Waltham Land Trust's 10th Annual Meeting

Wednesday, October 21, at 6:30 p.m., Meeting starts at 7:00 p.m.

Waltham Public Library, 735 Main Street, Waltham

Save the date! You are invited to attend the Waltham Land Trust's 10th Annual Meeting and help celebrate our past successes and describe our visions for the future! Chris Rodstrom of the Trustees of the Reservations will be our keynote speaker. Refreshments start at 6:30 p.m. Come early to chat with other WLT members.

Rail Trail Clean Up Morning

Saturday, October 24, at 10:00 a.m.

Join us as we clean up the area surrounding the proposed rail trail. We will be working with the Massachusetts Department of Conservation and Recreation (DCR). This is an excellent chance to see the future trail. Meeting location will be announced.

Western Greenway Trail Work Days

Saturday, Oct. 31 & Nov. 14, at 8:30 a.m. – 3:00 p.m.

Work with us in the Shady Pond area to clear another trail section of the Western Greenway loop. Details of meeting location and activities at www.walthamlandtrust.org.

Waltham Land Trust's Benefit Event

Friday, November 6, doors open at 6:00 p.m.

Show starts at 7:00 p.m.

American Legion Waltham Post #156,
215 Waverley Oaks Road in Waltham

Join us and enjoy a benefit evening with Jimmy Tingle *Laugh so we don't cry*. We will be drawing our 10th Anniversary Raffle winners that evening. Both event and raffle tickets are available on our website.

Participants in WLT's Waltham Common walk pose for a photo: Among them are Shep Collins and his daughters, Mayor Jeannett McCarthy, City Councilor Pat O'Brien and his family, WLT President Nadene Stein WLT., two former WCONA presidents: Louise Butler and Doris Donovan, WLT Treasurer Marc Rudnick, City Councilor and WLT co-founder George Darcy (leader of walk), plus a lovely Colorado spruce and a massive beech tree.



WALTHAM LAND TRUST PRESENTS "LAUGH SO WE DON'T CRY" AN EVENING WITH JIMMY TINGLE

Friday November 6th, 2009

Doors open at 6pm – Show promptly starts at 7pm
at the American Legion Waltham Post 156,
215 Waverley Oaks Road, Waltham MA

- Free Soft Drinks • Free Parking • Open seating •
- Tickets \$35 / \$30 for Members •
- Buy tickets at **WalthamLandTrust.org** or call 781.893.3355 •
- Pizza and Alcoholic Beverages available for purchase •
- Pre-order your Pizza online \$12, or \$15 at event by 6:30pm •

The drawing to pick the winners of Waltham Land Trust's Treasuring Environment & Nature Tenth Anniversary Raffle Drawing will be held at this event. Buy your Raffle Tickets for \$10 online today, by mail or at this event. You need not be present at the drawing to win. Support the Waltham Land Trust's work as you take a chance on winning: 1st Prize is minimum \$500 or 10% of raffle ticket sales, 2nd Prize \$250, and 3rd Prize \$100.

WALTHAM LAND TRUST'S MISSION

We are a group of Waltham citizens who want to save open space in our city. Our mission is to acquire, preserve or restore land in a way that

- ♦ balances conservation and access,
- ♦ maximizes the natural value of land,
- ♦ reduces habitat fragmentation, and
- ♦ permanently protects and conserves natural resources;

So that

- ♦ public appreciation of natural resources grows,
- ♦ native habitat is preserved and restored, environmental quality of life is improved (air, water, noise and light pollution are reduced),
- ♦ biodiversity is increased, and
- ♦ a legacy of conservation is perpetuated in Waltham.

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Please send any comments by mail, or email to
<memberlink@walthamlandtrust.org>.

**Fundraising will never seem as funny
after you enjoy an evening with Jimmy
Tingle. See info at the top of this page!**

PLEASE RENEW OR JOIN

If you're not already a WLT member and have
received this complimentary copy, please
consider joining today! To renew or join, please
use the enclosed membership application.
If already a member, please ask a friend to
join! All forms return to:

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